

# Removing pins and nails from asbestos insulating board (AIB) panel

This information sheet sets out safe work techniques for removing pins or nails from an asbestos insulating board (AIB) panel.



AIB is highly friable. When disturbed, the risk of releasing asbestos fibres is much greater than with non-friable asbestos, especially if the AIB is unsealed or in poor condition. Where there is damaged AIB there may be contamination of the surrounding area. This may require decontamination by Class A licensed asbestos removalist. Before doing any repair work on damaged AIB, consult with an asbestos professional such as a surveyor, assessor, or Class A licensed asbestos removalist.

Read this information sheet alongside [Working with or near asbestos – good practice guidelines](#) which sets out seven steps for doing asbestos-related work.

## Before you start

### Tools and equipment you will need

Make sure you have all the standard equipment you need for doing asbestos-related work. See [Sections 5.3 and 7.0 of Working with or near asbestos – good practice guidelines](#) for details.

You will also need the following equipment:

- permanent sealant
- filler
- pliers
- a thickened substance such as petroleum jelly, hair gel, asbestos encapsulant spray or shaving cream
- paint brush/roller



- airless, low-pressure paint sprayer
- wet wipes or a bucket of water (with added detergent) and clean rags
- adhesive tape
- asbestos waste bags and labels.

## Isolate the work area

Take steps to stop unauthorised people from entering the work area while the work is underway and until the area has been decontaminated at the end of the job:

- put barriers and signs up to keep people away from the work area
- close all access points – such as doors, windows or gates
- move items out of the way or cover and seal them with heavy-duty plastic sheeting, also use the sheeting on the ground/floor under and around the work area. This will save you having to decontaminate the items later.
- set up your decontamination area.

See [Section 6.0 of Working with or near asbestos – good practice guidelines](#) for more detailed instructions.

## Put on your PPE and RPE

Make sure you are wearing the right PPE and RPE. See [Section 7.0 in Working with or near asbestos – good practice guidelines](#) for more detailed instructions.

To see more on RPE and PPE, watch these videos [How to wear a disposable respirator safely](#) and [How to wear a reusable respirator safely](#)

## Doing the job

### Safe work steps

#### Step 1

Apply enough thickened substance around the nail/pin to cover the nose of the pliers.

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#### Step 2

Extract the nail/pin with pliers and put it in the asbestos waste disposal bag.

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#### Step 3

Wipe off remaining thickened substance with a damp rag/wet wipe and put it in the asbestos waste disposal bag.

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#### Step 4

Put filler gently in the small hole and paint over it.

If possible, use an airless, low-pressure paint sprayer for unpainted AIB. Use a paint brush/roller for painted/sealed AIB.



**FIGURE 1:** Wipe up dust and debris with a damp rag/wet wipe

### Once you have finished

#### Clean up and waste disposal

Put all disposable materials used during the work (such as polythene sheeting) in the asbestos waste bag then double bag it and tape it closed with a gooseneck tie. Clearly label it as containing asbestos.

- [Video: Disposing of asbestos waste and PPE safely](#)
- See [Section 10 of Working with or near asbestos – good practice guidelines](#) for more detailed instructions.

Thoroughly decontaminate the work area and all reusable tools and equipment used during the work.

- [Video: How to decontaminate tools safely](#)
- See [Section 9 of Working with or near asbestos – good practice guidelines](#) for more detailed instructions.

#### Personal decontamination

You must thoroughly decontaminate yourself.

- [Video: Taking off your respirator and PPE safely](#)
- See [Section 9 of Working with or near asbestos – good practice guidelines](#) for more detailed written instructions.

#### Final checks

- Visually inspect the area to make sure it is clean.

**Note:** These safe work techniques reflect recommended good practice. You can carry out this work using different practices, but you need to achieve or exceed the same levels of safety provided by these practices.